

Dear Ancestral Health Enthusiast!

I know many of you've been waiting with bated breath, but the Ancestral Health Society (ASH) is finally ready to announce details regarding membership in the society. Please read below for detailed information about the Mission of the society, its membership Structure and Dues, as well as Benefits and Responsibilities of membership.



If you attended the inaugural Ancestral Health Symposium in August 2011 (AHS11); congratulations, you are already a member! If you are not yet a member, we hope you will join us in this journey and consider becoming a member. The Society will open up for new membership beginning March 2, 2012. If you are interested in becoming a member of the society, please visit www.ancestryfoundation.com on or after March 2nd to submit the online application form.

What is the purpose of the Ancestral Health Society? This is stated clearly in the Mission statement.

Mission: The Ancestral Health Society is organized for the purpose of fostering interdisciplinary collaboration and translational efforts between scientists, healthcare professionals, and laypersons that study and communicate about the human ecological niche and modern health from an evolutionary perspective to develop solutions to our current health challenges. All individuals interested in these aims are eligible to be members and officers of the Society.

What are the benefits of membership you ask?

- Members of the AHS are eligible for appointment as a member or chair of a committee and to run for election to be an officer of the Society governing board (the Operations Committee).
- Participation in the annual Ancestral Health Symposium (if registration is received prior to event reaching maximum capacity).
- Early access to and notification of society publications, such as the Journal of Evolution and Health (which is still in the process of being formed).
- Access to the AHS membership database (still in process of being created).

With the benefits, *there also come some responsibilities.*

- Failure to pay dues for two consecutive years will result in discontinuation of membership.

- Failure to act in good faith and civility may result in revoked membership. We don't always have to agree (scientific discourse and debate is encouraged), but we must be respectful of other members and of the Society as a whole.

What will it cost, you ask?

- Membership dues are waived for the 2011-2012 year (ends on August 31, 2012)!
- Beginning in the 2012-2013 year (starting on September 1, 2012) the following annual dues structure will go into place:
 - Tier 1, Advanced Degree professionals (Ph.D., MD., DDS, PsyD., etc.). Evidence of degree certificate must be submitted along with membership application.
 - \$200 annual
 - Tier 2, Individuals without professional degree
 - \$100 annual
 - Tier 3, Current Students (high school, undergraduate, graduate, medical, etc.). Documentation (e.g., current student ID) must be submitted as proof of student status along with membership application.
 - \$50 annual

We have a long road ahead of us facing the challenges of bringing health to the forefront of our lives in these modern times. But, we've made a lot of progress already in such a short time! I'm sanguine about the future impact we can have as a Society that respects the past to pioneer the future!



Live long and prosper!

A handwritten signature in black ink that reads "Aaron Blaisdell". The signature is written in a cursive, flowing style.

Aaron P. Blaisdell, Ph.D.
President, Ancestral Health Society